



MINUTES OF THE BOARD OF SUPERVISORS
COUNTY OF LOS ANGELES, STATE OF CALIFORNIA

Joanne Sturges, Acting Executive Officer
Clerk of the Board of Supervisors
383 Kenneth Hahn Hall of Administration
Los Angeles, California 90012

Director of Parks and Recreation

At its meeting held April 4, 2006, the Board took the following action:

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Supervisor Burke made the following statement:

"The issue of childhood and adult obesity is reaching epidemic proportions across the country. The Los Angeles County Department of Parks and Recreation has recognized this and responded by establishing the Healthy Parks Program to educate children and families how obesity can lead to heart disease, diabetes, cancer, and overall chronic diseases.

"This successful Healthy Parks Program is now expanded to all County parks by including a healthy component to all park activities and programs through health and wellness, nutrition and physical fitness education. The Healthy Parks Program created an environment conducive to the health of children and leads to better school attendance, improved behavior, lower incident of illness and increased attention, creativity and academic achievement.

"Health and nutrition education and physical fitness are essential to all members of the family, with research confirming that prevention programs offer significant benefit to the populations at large. As such, the many park facilities throughout Los Angeles County that are being used to provide a variety of excellent programs that help with this essential public education through the implementation of fun physical fitness programs."

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Therefore, on motion of Supervisor Burke, seconded by Supervisor Antonovich, unanimously carried (Supervisors Molina and Yaroslavsky being absent), the Board took the following actions:

1. Proclaimed April 2006 as "Healthy Parks Month" throughout Los Angeles County;
2. Urged the incorporated cities in the County and other concerned nonprofit agencies to participate in the Countywide effort to educate children and families on how obesity can lead to heart disease, diabetes, cancer and overall chronic diseases; and
3. Encouraged all residents to attend activities that will be scheduled in April and throughout the remainder of the year at parks throughout the County in a concerted effort to turn around the obesity epidemic that is so harmful to the physical and mental health of our citizens.

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Copies distributed:

Each Supervisor
Chief Administrative Officer
County Counsel
Acting Director of Health Services
Director of Public Health